

Registration Page

Attn: Bill Grove

Mental Health Association of NWPA

1101 Peach Street

Erie, PA 16501

Please contact Luann Gossett at 814.452.4462 ext.126 with any questions.

Please make checks payable to: MHANP

Name: _____

Organization Name: _____

Address: _____

Phone: _____

Email: _____

Special Dietary Needs; _____

Transportation Required: _____

Sign Interpreter Required: _____

Please check if interested in the following:

3.5 SOCIAL WORK CEU's _____

Provided by Mercyhurst University Dept. of Social Work, an approved provider of PA-LSW credit hours by the PA State Board of Social Work Examiners.

****REGISTRATION FEE \$30.00 FOR Professional&/or those requesting SWCEU's**

RSVP by May 4, 1018

AGENDA

9:30 – 10:30 Registration

10:30 – 10:45 Invocation: David Wooledge

Readiness: Norine Gammon

10:45 – 12:00 **Presenter: Brett Fallon**

“Finding Hope Through Dance and Spirituality”

12:00 – 12:30 Lunch

12:30-1:45 **Presenter: Kimberly J. Morrow:**
“Release your stress through

Emotional Freedom Technique”

1:45 – 2:00 Break

2:00 – 3:15 **Presenter: Kelly Glass**
“Spiritual Healing”

3:15 – 4:00 Basket drawing

Sponsors of today's conference:

- Community Care Behavioral Health
- Erie County Office of Mental Health/Intellectual Disabilities
- Mercyhurst University
- Mental Health Association of Northwestern PA
- Western Region Community Support Program

CONNECTIONS

17th Annual Spirituality and Mental Health Recovery Conference



Wednesday, May 16, 2018

St. Martin Center

**1701 Parade Street Erie, PA
16503**

9:30 am to 4:00 pm

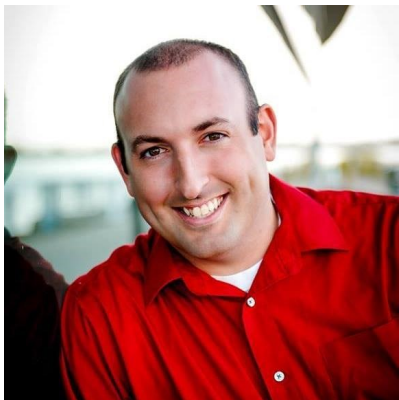
Lunch Included

Free to Family Members and Mental Health Consumers

****\$30.00 fee for all others****

Since forming Dance Elite* Performance Company, Brett Fallon has started various programs throughout the community with his Dance Outreach Project, like Warren's and Erie's First National Tap Dance Day and a Dance/Theater Department at the Boys and Girls Club in Erie. Other outreach projects include dance with the Erie School District to form their Middle School Performing Arts Program. Through his Therapeutic Dance Project, Brett has provided dance classes and performances at senior centers all around Erie and Warren County.

Brett is whole heartedly committed to the mission of Dance Elite* for the future he strives to learn and grow with it. Brett Fallon credits his Lord and savior, Jesus Christ as the one to reach him as he used dance as a tool on a spiritual level to everything he is today.



BRETT FALON



KIMBERLY J. MORROW

Kimberly J. Morrow, LCSW, trains nationally on anxiety disorders and is a trained instructor for Emotional Freedom Technique (EFT). She works in private practice in Erie, Pennsylvania, specializing in treating people with anxiety disorders for over 25 years; has been teaching others how to treat anxiety for over 10 years. Kimberly uses EFT in her practice along with cognitive-behavioral therapy. In addition, she is a board member of the Obsessive Compulsive Foundation of Western Pennsylvania; on multiple committees with the Anxiety and Depression Association of America; recipient of the 2012 Clinician Outreach Award from the Anxiety and Depression Association of America; developer of a video to train Master's level clinician's in the treatment of anxiety disorders; and author of Face It and Feel It: 10 Simple But Not Easy Ways to Live Well with Anxiety (2011); instructor for certificate programs on treating anxiety; and a recipient of the 2015 Member of Distinction Award from the National Anxiety and Depression Association of America. Kimberly is the co-owner of AnxietyTraining.com

Kelley Glass has pursued her passion in spirituality and metaphysics for 18 years. Her work includes intuitive counseling, Reiki and teaching. Through her compassion and soft manner Kelley is able to open hearts and minds to a more spiritual and abundant life. She is a Medium, Reiki Master and an Ordained Minister with New York. Kelley lives and practices in Erie, PA. She is married with three children.



KELLEY GLASS

**Spirituality and Mental Health Recovery
Committee**

Mission Statement:

To promote opportunities for a greater understanding and appreciation of the relationship between spirituality and mental health recovery, and to organize an annual conference celebrating its importance in mental well-being.

For more information on joining this committee please contact; Lisa Babo 814.480.6148