

NUTRITION

FRUITS AND VEGETABLES

Erie County Adults Age 18+ 1999, 2001, 2004, 2007

Adults who eat fruits and vegetables five* or more times per day

Population	1999		2001		Population	2004		2007	
	%	CI	%	CI		%	CI	%	CI
All Adults	n/a		21	18 – 23	All Adults	22	20 – 25	21	18 – 24
Gender					Gender				
Male	n/a		18	15 – 22	Male	22	18 – 25	15	11 – 20
Female	n/a		23	19 – 27	Female	23	19 – 27	25	22 – 29
Age					Age				
18-29	n/a		17	11 – 23	18-29	25	17 – 33	25	17 – 37
30-44	n/a		19	15 – 24	30-44	20	15 – 25	16	12 – 22
45-64	n/a		20	16 – 25	45-64	19	16 – 23	19	15 – 23
65+	n/a		27	20 – 34	65+	33	25 – 42	25	20 – 30
Education					Education				
<High School	n/a		22	13 – 31	<High School	18	9 – 26	n/a	
High School	n/a		17	13 – 20	High School	20	16 – 25	17	13 – 21
Some College	n/a		24	18 – 30	Some College	21	16 – 25	20	15 – 27
College Degree	n/a		23	18 – 29	College Degree	29	23 – 35	29	23 – 35
Income					Income				
<\$25,000	n/a		22	17 – 27	<\$25,000	20	16 – 25	20	15 – 27
\$25,000-\$49,999	n/a		18	14 – 22	\$25,000-\$49,999	20	15 – 25	18	13 – 23
\$50,000+	n/a		23	17 – 29	\$50,000+	23	18 – 28	24	19 – 29
Race					Race				
White,non-Hispanic	n/a		21	18 – 23	White,non-Hispanic	22	19 – 25	20	17 – 23
Black,non-Hispanic	n/a		24	11 – 27	Black,non-Hispanic	23	12 – 34	n/a	
Hispanic	n/a		n/a		Hispanic	^		n/a	

Red indicates significant difference compared to previous year; 95% Confidence Interval (CI)

^Data statistically unreliable; Data excludes missing, don't know, and refused

*The five or more servings include at least one serving of juice, one serving of fruit, and one serving of vegetable

Source: 1999, 2001, and 2004 Erie County Behavioral Risk Factor Surveillance Survey; 2007 Behavioral Health Risks of Erie County Adults

