

EXERCISE

PHYSICAL ACTIVITY

Erie County Adults Age 18+ 1999, 2001, 2004, 2007

No leisure time physical activity in past month

Population	1999		2001		Population	2004		2007	
	%	CI	%	CI		%	CI	%	CI
All Adults	19	17 – 21	23	21 – 26	All Adults	26	23 – 29	24	21 – 27
Gender					Gender				
Male	17	14 – 20	19	15 – 22	Male	25	21 – 30	19	15 – 24
Female	21	17 – 24	27	23 – 31	Female	27	23 – 31	29	25 – 33
Age					Age				
18-29	9	5 – 14	18	12 – 24	18-29	19	12 – 27	18	11 – 27
30-44	18	14 – 23	19	15 – 24	30-44	21	16 – 26	22	17 – 28
45-64	18	13 – 22	24	19 – 28	45-64	29	24 – 33	24	20 – 28
65+	26	20 – 31	33	25 – 40	65+	33	25 – 41	35	29 – 41
Education					Education				
<High School	31	21 – 40	48	35 – 61	<High School	46	33 – 60	40	28 – 53
High School	22	18 – 26	25	21 – 30	High School	31	26 – 36	28	24 – 33
Some College	17	12 – 22	21	15 – 26	Some College	23	18 – 28	22	17 – 29
College Degree	8	5 – 12	13	9 – 17	College Degree	15	11 – 20	15	11 – 21
Income					Income				
<\$10,000	28	14 – 41	30	12 – 49	<\$25,000	35	29 – 41	39	32 – 47
\$10,000-\$19,999	24	18 – 31	42	31 – 53	\$25,000-\$49,999	25	20 – 30	22	17 – 27
\$20,000-\$34,999	23	18 – 28	25	20 – 31	\$50,000+	18	13 – 22	14	10 – 19
\$35,000-\$49,999	11	7 – 16	17	11 – 22					
\$50,000+	8	4 – 12	14	9 – 18					
Race					Race				
White,non-Hispanic	18	16 – 21	22	19 – 25	White,non-Hispanic	25	22 – 28	24	21 – 27
Black,non-Hispanic	30	17 – 44	38	22 – 54	Black,non-Hispanic	38	24 – 53	n/a	
Hispanic	n/a		n/a		Hispanic	^		n/a	

Red indicates significant difference compared to previous year; 95% Confidence Interval (CI)

^Data statistically unreliable; Data excludes missing, don't know, and refused.

Source: 1999, 2001, and 2004 Erie County Behavioral Risk Factor Surveillance Survey; 2007 Behavioral Health Risks of Erie County Adults

